What is a Senior Center?

Senior Centers are designed to be a community focal point where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the center and community.

- It must provide or arrange for a broad spectrum of services including health, social, nutritional (but not necessarily meals), educational, and recreational programs.

- It must normally operate at least 5 days a week, except legal holidays and emergencies.

- It must have programs and services available at least 6 hours each day of operation.

What is a Nutrition Center?

Nutrition Centers are simply designed to bring in seniors to feed them a lunch and offer some sort of nutritional education while they are there. They are only required to be open 4 hours a day and only for that purpose.

How do I qualify to go to a Senior Center or Nutrition Center?

Senior Centers have several funding sources. If you wish to apply for AAA funding, contact Ashley at 843-473-3950.

Can I get transportation to go to a Senior Center or Nutrition Center?

Yes, currently the AAA only supports transportation under the Senior Center/ Nutrition site services.

Where are the Senior Centers and Nutrition Centers?

Beaufort County

Beaufort Senior Services
1408 Paris Avenue, Port Royal, SC 29935 (Admin Office)
Bluffton Nutrition Site  16 Ulmer Rd, Bluffton, SC 29910
Burton Wells Senior Center  1 Middleton Drive, Beaufort, SC 29906
St. Helena Nutrition Site  33 Penn Center Road, St. Helena Island, SC 29920

**Colleton County**

Colleton Nutrition Site  78 Highland Circle, Walterboro, SC 29488
Green Pond Nutrition Site  29 Playground Lane, Green Pond, SC 29446

**Hampton County**

Hampton Council on Aging  108 Pine St West, Hampton, SC 29924
Estill Nutrition Site  791 5th Street, Estill, SC 29918
Yemassee Senior Center  4 Orrell Street, Yemassee, SC 29945

**Jasper County**

Ridgeland Council on Aging  444 Wise St Ridgeland, SC 29936 (Senior Center)
Hardeeville Senior Center  206 Main Street, Hardeeville, SC 29927
Robertsville Nutrition Site  9731 Cotton Hill Rd, Garnett, SC 29922